

MEN'S BOTTOMS

SIZE	WAIST (CM)	HIPS (CM)	INSEAM (CM)
S	73 - 81	88 - 96	70 - 74
M	81 - 89	96 - 104	72 - 76
L	89 - 97	104 - 112	74 - 78
XL	97 - 105	112 - 120	76 - 80
2XL	105 - 113	120 - 128	78 - 82
3XL	113 - 121	128 - 136	80 - 84
4XL	121 - 129	136 - 144	80 - 84
5XL	129+	144+	80 - 84

SIZE	WAIST (INCH)	HIPS (INCH)	INSEAM (INCH)
S	29 - 32	35 - 38	27.5 - 29
M	32 - 35	38 - 41	28.5 - 30
L	35 - 38	41 - 44	29 - 30.5
XL	38 - 41	44 - 47	30 - 31.5
2XL	41 - 44	47 - 50	30.5 - 32
3XL	44 - 48	50 - 54	31.5 - 33.5
4XL	48 - 51	54 - 57	31.5 - 33.5
5XL	51+	57+	31.5 - 33.5



HOW TO MEASURE

- (1) WAIST** - Measure around the narrowest part (where your body bends side to side), keeping the tape measure horizontal
- (2) HIPS** - Measure around the fullest part of your hips, keeping the tape measure horizontal
- (3) INSEAM** - Measure the inside of your leg from just below your crotch to the bottom of your ankle bone